

**FOUNDATIONS**  
**“THE POWER OF EASTER: THE BLOOD OF JESUS”**  
**LESSON #2**

**Intro.** Tonight and next week we'll discuss the specific places where Jesus shed His blood and how they impact our lives.

1. When we think of the blood of Jesus, we normally think of His death on the cross
  - a. The blood shed on the cross is so important to us because through it we receive forgiveness
2. The cross wasn't the only place where Jesus shed blood
  - a. Every place where Jesus' blood was spilled has a specific benefit for us

- ***Everything changed for the better when Jesus shed His blood***

**I. JESUS SHED BLOOD IN THE \_\_\_\_\_**

**Luke 22:39-44 (NIV)**

39 Jesus went out as usual to the Mount of Olives, and his disciples followed him.  
40 On reaching the place, he said to them, "Pray that you will not fall into temptation."  
41 He withdrew about a stone's throw beyond them, knelt down and prayed,  
42 "Father, if you are willing, take this cup from me; yet not my will, but yours be done."  
43 An angel from heaven appeared to him and strengthened him.  
44 And being in anguish, he prayed more earnestly, and ***his sweat was like drops of blood falling to the ground.***

**A. HIS BLOOD WAS SHED FOR OUR \_\_\_\_\_**

**Matthew 26:36-39 (NKJV)**

36 Then Jesus came with them to a place called Gethsemane, and said to the disciples, "Sit here while I go and pray over there."  
37 And He took with Him Peter and the two sons of Zebedee, and He began to be sorrowful and deeply distressed.  
38 Then He said to them, "***My soul is exceedingly sorrowful***, even to death. Stay here and watch with Me."  
39 He went a little farther and fell on His face, and prayed, saying, "O My Father, if it is possible, let this cup pass from Me; nevertheless, not as I will, but as You will."

**Matthew 26:38 (NLT)** He told them, "***My soul is crushed with grief to the point of death.*** Stay here and watch with me."

1. The battle in \_\_\_\_\_ was for \_\_\_\_\_
  - a. Jesus knew exactly what was before Him
  - b. Isaiah prophesied He would suffer more than anyone ever had

**Isaiah 52:14 (NIV)** Just as there were many who were appalled at him-- his appearance was so disfigured beyond that of any man and his form marred beyond human likeness--

- c. Jesus knew this was before Him and He struggled with it in prayer while He was in the garden

- *Jesus won the battle for our soul*

2. Our soul is composed of our \_\_\_\_\_, our \_\_\_\_\_, and our \_\_\_\_\_
  - a. All of us have times when we struggle in our soul

## II. THERE IS POWER THROUGH JESUS' BLOOD FOR OUR

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### A. JESUS' BLOOD WAS SHED FOR OUR \_\_\_\_\_

- *One of the greatest gifts God has given us is our mind*
- *With it we can **think, reason, imagine, dream** and so much more*
  1. Our minds are also the focus of \_\_\_\_\_
    - a. Because Jesus shed blood we have a defense against mental assault
    - b. We need to apply His blood on our minds daily

**2 Tim 1:7 (NKJV)** For God has not given us a spirit of fear, but of power and of love and of a ***sound mind.***

- *The Greek word used here for sound mind is "so-fron-is-moss". It's a combination of "sos" meaning "safe" and "phren", meaning "the mind." Or in other words "safe thinking."*

- *The word denotes good judgment, disciplined thought patterns, and the ability to understand and make right decisions. It includes the qualities of self-control and self-discipline.*

2. Through Christ we have been given \_\_\_\_\_
  - a. We don't have to live with a mind full of confusion and unrest

**ex.** *Satan is constantly at work to plant thoughts in our minds that tempt us ("Just this one time won't hurt; no one will know."). He tries to plant thoughts of doubt, unbelief, negativity, and fear; wrong thoughts about God ("He doesn't care, He's not listening...").*

3. We need to learn to \_\_\_\_\_ over our minds
  - a. The word **plead** means to "**beseech, entreat, pray, declare, assert, claim, state, or put forward**"
  - b. To *plead the blood* over our minds means we **pray, declare, assert, claim, state, or put forward** Jesus' blood over every troubling thought

**ex.** *When we have unclean or other thoughts that are sinful; "I plead the blood over my mind." When we're doubting, negative, or fearful; "I plead the blood over this doubt, fear, etc."*

**PRAYER AND CONFESSION:** *Jesus, thank You for shedding Your blood for me. I plead Your blood to cover, cleanse, and comfort my mind . I have a sound mind through Christ. In Jesus' name, Amen.*

## **B. JESUS' BLOOD WAS SHED FOR OUR \_\_\_\_\_**

### **Luke 22:41- 42 (NIV)**

41 He withdrew about a stone's throw beyond them, knelt down and prayed,  
 42 "Father, if you are willing, take this cup from me; yet not my will, but yours be done."

1. The first place Jesus shed blood was in the agony of \_\_\_\_\_  
 His will
  - a. Blood was released and now through His blood, He gives us help in our own surrender
  - b. Earlier He told the disciples to pray that they enter not into temptation

- c. One of the greatest temptations we will ever face is the one Jesus faced in the garden; whether to do our own will or the will of the Father

- *The battle ground of life is our will*

2. \_\_\_\_\_ in the garden Satan has been trying to get man to do his will instead of God's
  - a. The enemy knows the will of God is our lifeline

### **Gen 3:1-5 (NKJV)**

1 Now the serpent was more cunning than any beast of the field which the LORD God had made. And he said to the woman, "Has God indeed said, 'You shall not eat of every tree of the garden'?"

2 And the woman said to the serpent, "We may eat the fruit of the trees of the garden;

3 "but of the fruit of the tree which is in the midst of the garden, God has said, 'You shall not eat it, nor shall you touch it, lest you die.'"

4 Then the serpent said to the woman, "You will not surely die.

5 "For God knows that in the day you eat of it your eyes will be opened, and you will be like God, knowing good and evil."

- b. All the pain and suffering the world has ever known can be traced back to this one moment
- c. The amazing thing is even as believers we sometimes still wrestle with whether God's will is best for us at the moment

3. God's will is \_\_\_\_\_

**John 4:34 (NKJV)** Jesus said to them, "***My food is to do the will of Him who sent Me***, and to finish His work.

- a. Jesus said, "*His will is my food.*"

### **Romans 12:1-2 (NKJV)**

1 I beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, which is your reasonable service.

2 And do not be conformed to this world, but be transformed by the renewing of your mind, ***that you may prove what is that good and acceptable and perfect will of God.***

4. Jesus shed blood to give us \_\_\_\_\_

- *Jesus won the battle over His will and in turn gives us the ability to win over ours*

### Philippians 2:5-9 (NKJV)

5 Let this mind be in you which was also in Christ Jesus,  
6 who, being in the form of God, did not consider it robbery to be equal with God,  
7 but made Himself of no reputation, taking the form of a bondservant, and coming in the likeness of men.  
8 And being found in appearance as a man, **He humbled Himself and became obedient to the point of death, even the death of the cross.**  
9 Therefore God also has highly exalted Him and given Him the name which is above every name,

- *It was after these verses where it talks about Jesus' obedience to the will of the father that **Philippians 2:12-13** follows...*

### Philippians 2:12-13 (NKJV)

12 Therefore, my beloved, as you have always obeyed, not as in my presence only, but now much more in my absence, work out your own salvation with fear and trembling;  
13 **for it is God who works in you both to will and to do for His good pleasure.**

- Most of us get stuck in **verse 12**, “*work out your own salvation with fear and trembling*”
    - this isn't saying “*work for*”
    - Paul is saying, “*work out your life with God with a sense of reverence and awe*”
  - It's vital that we **get verse 13**, “***for it is God who works in you both to will and to do for His good pleasure.***”
- *Because Jesus was obedient to go to the cross, once we receive Him into our hearts, God works in us the desire to do His will; the “want to”!*
    - We have the \_\_\_\_\_ working in us to do God's will
      - We don't have to remain *self-willed*
      - Through Christ we have the *willpower* to overcome any addiction, habit, and even wrong attitudes!
  - ***Jesus' blood was shed to give us willpower***

**PRAYER AND CONFESSION:** *Thank you Jesus, for shedding Your blood for my will. I surrender to God's will for my life. I plead the blood over my life. I am free from addiction, habits, and holding on to wrong attitudes. In Jesus' name, Amen.*

**C. JESUS' BLOOD WAS SHED FOR OUR \_\_\_\_\_**

1. Our emotions can be extremely \_\_\_\_\_
  - a. We can all be affected by fear, anger, depression, anxiety, stress, and hundreds of other negative emotions and feelings
  - b. Satan attempts to manipulate our emotions in order to control us

**2 Timothy 2:26 (NKJV)** and that they may come to their senses and escape ***the snare of the devil***, having been taken captive by him to do his will.

- c. We have to realize how damaging negative emotions can be

**quote:** *A study by the American Medical Association found that stress is a factor in 75 percent of all illnesses and diseases that people suffer from today.*

2. Jesus shed blood to \_\_\_\_\_, the seat of our emotions

**Mark 5:15 (NKJV)** Then they came to Jesus, and saw the one who had been demon-possessed and had the legion, sitting and clothed and in his right mind. And they were afraid.

- a. This guy had previously had some *emotional issues*
  - b. One encounter with Jesus and his emotions were set free

3. Our emotions are meant to be free to \_\_\_\_\_

**Psalms 100:2 (NKJV)** ***Serve the Lord with gladness***; Come before His presence with singing.

- a. Our emotions are meant to be free to ***serve the Lord with gladness***
  - b. If anyone should be glad it's believers

**Hebrews 12:28 (NKJV)** Therefore, since we are receiving a kingdom which cannot be shaken, let us have grace, by which we may ***serve God acceptably with reverence and godly fear.***

- c. *Reverence and godly fear* doesn't mean to feel a sense of fear and dread of God
- d. It means we are to serve God with the emotional feeling of awe or that sense of **Wow!**

**1 Peter 3:8 (NKJV)** Finally, all of you be of one mind, **having compassion** for one another; love as brothers, be **tenderhearted**, be courteous;

e. Our emotions are free to feel for and care for each other

- *Jesus shed blood to free our souls: our mind, our will, and our emotions*

**PRAYER AND CONFESSION:** *Jesus, I plead Your blood over my emotions. I will not allow fear, anxiety, stress, depression, or anger to control my life. My emotions are free to serve You with gladness, a sense of awe, and to care about others, in Jesus' name, Amen.*

## FILL IN THE BLANKS FROM LESSON #2

### I. JESUS SHED BLOOD IN THE \_\_\_\_\_ (**GARDEN**)

#### A. HIS BLOOD WAS SHED FOR OUR \_\_\_\_\_ (**SOUL**)

1. The battle in \_\_\_\_\_ (**His soul**) was for \_\_\_\_\_ (**our soul**)
2. Our soul is composed of our \_\_\_\_\_ (**mind**), our \_\_\_\_\_ (**will**), and our \_\_\_\_\_ (**emotions**)

### II. THERE IS POWER THROUGH JESUS' BLOOD FOR OUR \_\_\_\_\_ (**WHOLE SOUL**)

#### A. JESUS' BLOOD WAS SHED FOR OUR \_\_\_\_\_ (**MINDS**)

1. Our minds are also the focus of \_\_\_\_\_ (**Satan's attacks**)
2. Through Christ we have been given \_\_\_\_\_ (**mental health**)

a. We don't have to live with a mind full of confusion and unrest

3. We need to learn to \_\_\_\_\_ (**plead the blood**) over our minds

**B. JESUS' BLOOD WAS SHED FOR OUR \_\_\_\_\_ (**WILL**)**

1. The first place Jesus shed blood was in the agony of (surrendering)

2. \_\_\_\_\_ (**From the beginning**) in the garden Satan has been

3. God's will is \_\_\_\_\_ (**best for us**)

4. Jesus shed blood to give us \_\_\_\_\_ (**willpower**)

5. We have the \_\_\_\_\_ (**power of the blood**) working in us to do God's will

**C. JESUS' BLOOD WAS SHED FOR OUR \_\_\_\_\_ (**EMOTIONS**)**

1. Our emotions can be extremely \_\_\_\_\_ (**damaging**)

2. Jesus shed blood to \_\_\_\_\_ (**free our soul**), the seat of our emotions

3. Our emotions are meant to be free to \_\_\_\_\_ (**serve God**)